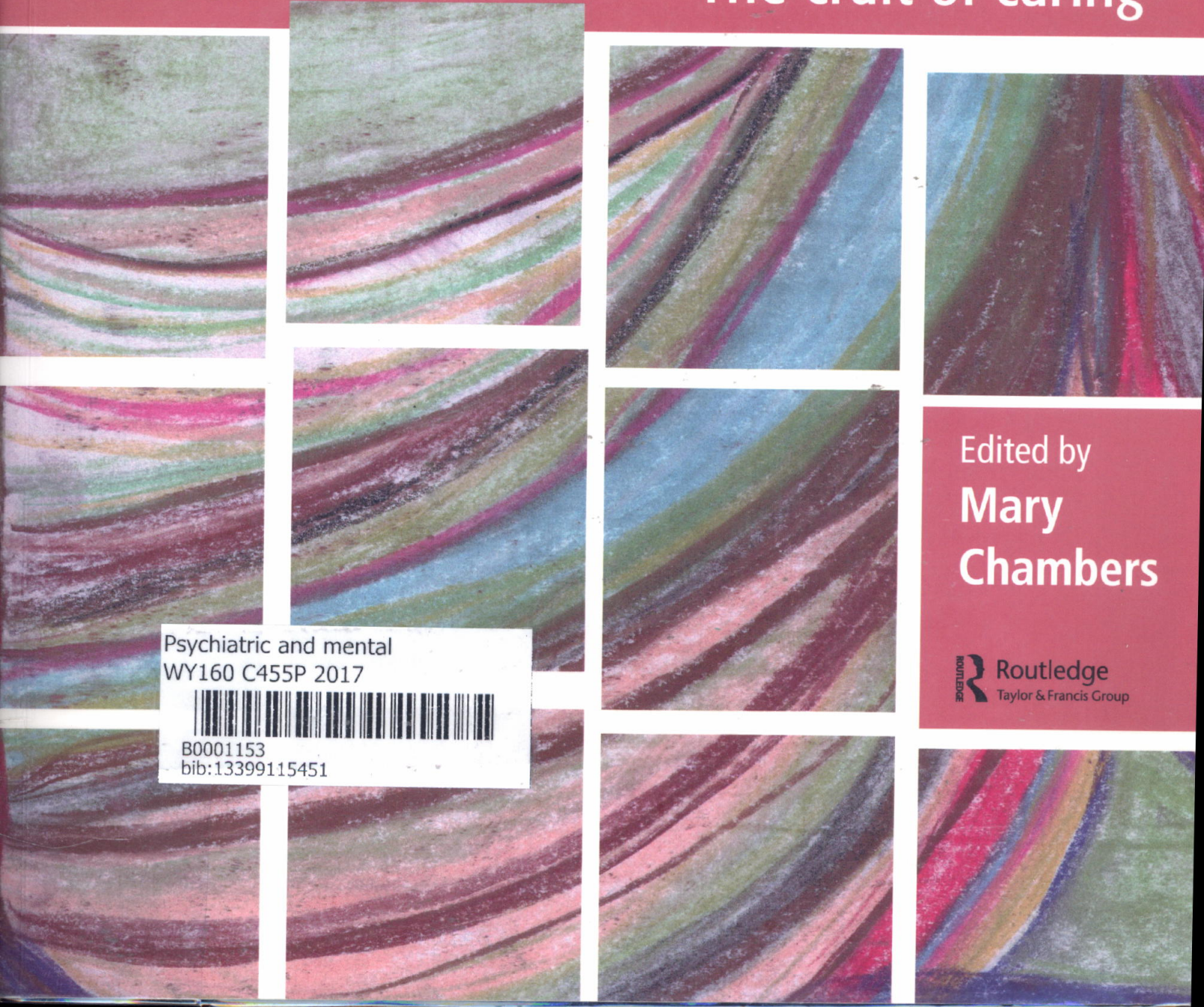





Psychiatric and Mental Health Nursing

The craft of caring


**Third
edition**



Edited by
**Mary
Chambers**

 **Routledge**
Taylor & Francis Group

Psychiatric and mental
WY160 C455P 2017



B0001153
bib:13399115451

Contents

List of contributors	ix
----------------------------	----

Preface	xvi
---------------	-----

Section 1:

Aspects of mental health nursing

1 The nature of mental health nursing	3
Ben Thomas	
2 Ethics and mental health nursing	19
Vince J. Mitchell	
3 Developing and maintaining therapeutic relationships	29
Rosie Stenhouse and Chrys Muirhead	
4 The politics, care and confinement of the mentally ill	39
Liam Clarke and Phil Ruthen	
5 Generating nursing knowledge	51
Tim Thornton, David Crepaz-Keay, Sebastian Birch and Jan Verhaegh	
6 Evidence-based practice in mental health care	61
Hugh McKenna	
7 Building practice from research	73
Joanne McDonnell	
8 Nursing classification and care planning	85
Kay Jansen, Amy Coenen and Nicholas R. Hardiker	
9 Spirituality, nursing and mental health	95
John Swinton and Sarah Gibson	
10 Clinical supervision	105
John R. Cutcliffe and Katherine Owen	
11 Critical reflection	117
Jan Fook, Jane Royes and Anthony White	

Section 2:

The foundations of mental health nursing

12 Classification of mental illness	127
David Kingdon, Shanaya Rathod and Carolyn Asher	
13 Assessment: the key to effective practice	135
Tony Warne, Sue McAndrew and Fiona Jones	
14 The nature and types of assessment	143
Paul Fallon and G~	
15 Conducting a family assessment	153
Catherine Gamble, Christine Lewis, John Baker and Ruth Allen	
16 Assessing risk of suicide and self-harm	169
Keith Waters and Alys Cole-King	
17 Engagement and observation of people at risk	183
Fiona Nolan, Caren Watson and Mary Ellen Khoo	

18	Freedom and consent	191
	Helen Leigh-Phippard and Alec Grant	
19	'I decided I wasn't going to be a diagnosis' – What does it mean to have a diagnosis of mental illness? The lived experience perspective	201
	Kati Turner	

Section 3:

Caring for those experiencing mental health distress

20	The person who experiences anxiety	215
	Eimear Muir-Cochrane, Deb O'Kane and Kylie Harrison	
21	The person who experiences depression	225
	Ian Beech	
22	The person who self-harms	235
	Jane Bunclark and Louise Stone	
23	Suicide	249
	Vanessa Gordon, Karen James, Marion Janner, Kirsten Windfuhr and Isabelle M. Hunt	
24	The person experiencing schizophrenia	259
	Janet Wood, Niall McLaughlin and Warwick Owen	
25	The person who is extremely distressed and disturbed	271
	Joy A. Duxbury and Fiona Jones	
26	The person experiencing bipolar disorder	283
	Sally Hardy	
27	The person with a personality disorder	293
	Christopher Alec Gordon	
28	The person experiencing disturbing voices, ideas and beliefs	307
	Cheryl Forchuk, Elisabeth Jensen and Natalie Farquhar	
29	The person with experience of sexual abuse	319
	Roxane Agnew-Davies and Phoebe	
30	The person with an eating disorder	331
	Gillian Todd and Rosemary Marston	
31	The person experiencing mental health and substance misuse problems	341
	Philip A. Cooper and Graham Naughton	
32	Sexuality and gender	351
	Agnes Higgins and Liz Brogan	
33	The person with dementia	363
	Julia Wood and Jacquie Nunn	

Section 4:

Care planning and approaches to therapeutic practice

34	Admission of a person in acute distress	377
	Angus Forsyth and Marion Janner	
35	What does the recovery approach really mean?	389
	Julie Repper and Rachel Perkins	
36	The recovery approach and risk management	401
	Jess Holley and Dean Pearsey	
37	Using the care programme approach	409
	Martin Ward	
38	Providing culturally safe care	419
	Anthony J. O'Brien, Ruth DeSouza and Maria Baker	

39	Motivational interviewing	431
	Elizabeth Hughes	
40	Cognitive behaviour therapy (CBT)	441
	Lina Gega	
41	Using solution-focused approaches	453
	Simon Proudlock and Sonia Sanghvi	
42	Psychodynamic approaches with individuals	463
	Angela Cotton and Dina Poursanidou	
43	Psychodynamic approaches to working in groups	471
	Antony Froggett and Steve Delaney	
44	Mindfulness	483
	Mary E. Campbell and Laura Burke	
45	Early intervention in psychosis	493
	Henrietta Mbeah-Bankas	
46	Crisis assessment and resolution	505
	Julie Taylor, Mrs M, Mr M and Miss M	
47	Psychopharmacology and mental health	515
	Carl Holvey and Nikola Nikolić	
48	Medicines management and the mental health nurse	525
	Rebecca M. Burgess-Dawson and Steve Hemingway	

Section 5:

Services and support for those with mental health distress

49	What does it mean to be a carer for someone with a mental health problem?	541
	Georgina Wakefield and Gary Hickey	
50	Collaborative care planning with service users and carers	549
	Douglas Hamandishe and Daniel Barrett	
51	Family involvement and support networks	559
	Martin Atchison, Jeanette Partridge and Jo Twiss	
52	The liaison psychiatric service	571
	Kate Chartres, Rikke Albert, Sarah Eales and Angela Warren	
53	The acute care setting	587
	Angela Simpson, Rob Allison and Ruth Lambley	
54	The psychiatric intensive care unit	595
	Christopher Dzikiti and Rebecca Lingard	
55	Mental health nursing in community care	607
	Denis Ryan and Jane Alexander	
56	Assertive outreach	619
	Paul Veitch, Lisa Strong and Nicola Armstrong	
57	Therapeutic communities	631
	Simon Clarke, Gary Winship, Jenelle Clarke and Nick Manning	
58	Services for children and young people	641
	Steven Prymachuk with Hannah Welsby	
59	Group treatments with adolescents	655
	Gemma Trainor, 'Aiden' and Rebecca McPhillips	
60	Services for individuals with both a learning disability and a mental health disorder ...	665
	Chris Knifton, Richard Postance and Dorothy Hemel	
61	Bereavement and grief counselling	679
	Hugh Palmer	

62	The nurse's role in the administration of ECT	689
	Joy Bray and Jeannette Harding	
63	Services for people requiring secure forms of care	703
	Michael McKeown, Fiona Edgar and Ian Callaghan	
64	Services for older people with mental health problems	715
	Helen Pusey and John Keady	
65	Working with women: compassionate and gendered care	725
	Ann Jackson and Jessica Worner	
66	Services and supports for refugees and asylum seekers	735
	Nicholas Procter, Monika Ferguson, Amy Baker and Asma Babakarkhil	

Section 6:

Opportunities and challenges for mental health nursing in the twenty-first century

67	Mental health, the law and human rights	749
	Michael Hazelton and Peter Morrall	
68	The political landscape of mental health care	765
	Dawn Freshwater	
69	Physical health care	775
	Louise E. Howard and Nada Mussa	
70	Mental health promotion	787
	Thomas J. Currid and Carl Chandra	
71	Nursing metrics and mental health nursing	799
	Mary Chambers and Sarah Markham	
72	Health care technology and mental health nursing	807
	Maritta Välimäki	
73	Mental health nursing in the twenty-first century	817
	Patrick Callaghan and Debbie Butler	
	Index	831