Keltner's

Psychiatric Nursing

Debbie Steele

Ninth Edition

Keltner's psychiatric n WY160 S813K 2023









Student Resources on Evolve Access Code Inside

Elsevier 3251 Riverport Lane St. Louis, Missouri 63043

KELTNER'S PSYCHIATRIC NURSING, NINTH EDITION

ISBN: 978-0-323-79196-0

Copyright © 2023 by Elsevier, Inc. All rights reserved.

No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or any information storage and retrieval system, without permission in writing from the publisher. Details on how to seek permission, further information about the Publisher's permissions policies and our arrangements with organizations such as the Copyright Clearance Center and the Copyright Licensing Agency, can be found at our website: www.elsevier.com/permissions.

This book and the individual contributions contained in it are protected under copyright by the Publisher (other than as may be noted herein).

Notice

Practitioners and researchers must always rely on their own experience and knowledge in evaluating and using any information, methods, compounds, or experiments described herein. Because of rapid advances in the medical sciences, in particular, independent verification of diagnoses and drug dosages should be made. To the fullest extent of the law, no responsibility is assumed by Elsevier, authors, editors, or contributors for any injury and/or damage to persons or property as a matter of products liability, negligence or otherwise, or from any use or operation of any methods, products, instructions, or ideas contained in the material herein.

Previous editions copyrighted 2019, 2015, 2011, 2007, 2003, 1999, 1995, and 1991.

เลขเรียกหนังสือ W Y 160
 5 813 K 2023
 เลขทะเบียนหนังสือ B0025925
 วันที่ลงทะเบียน 22 n. ป. 2566
 ได้มาจาก งนุประสาณ 2566

Senior Content Strategist: Yvonne Alexopoulos Senior Content Development Manager: Lisa P. Newton Publishing Services Manager: Julie Eddy Senior Project Manager: Rachel E. McMullen Design Direction: Bridget Hoette

Printed in India

Working together to grow libraries in developing countries

CONTENTS

UNIT I The Basics

1 Me, Meds, Milieu, 1

Norman L. Keltner and Debbie Steele

Psychotherapeutic Management, 1

One Size Does Not Fit All!, 2

Application of Psychotherapeutic Management Interventions, 2

Psychotherapeutic Management: Three

Interventions, 2

Therapeutic Nurse-Patient Relationship, 2

Psychopharmacology, 3

Milieu Management, 3

Other Important Components of Understanding Psychiatric Nursing, 4

Continuum of Care: All the Places to Implement

Me, Meds, and Milieu, 4

Hospital-Based Care, 5

Long-Term Care (Residential Services), 6

Traditional Outpatient Services, 6

Day Treatment Programs, 6

Self-Help Groups, 6

Telepsychiatry, 6

Other Outpatient Programs, 7

Primary Care, 7

Use of the Nursing Process in the Community, 7

2 Historical Issues, 9

Norman L. Keltner and Helene Vossos

Benchmarks in Psychiatric History, 9

Benchmark I: Period of Enlightenment, 10

Asylum, 11

Benchmark II: Period of Scientific Study, 13

Early Scientists, 13

Benchmark III: Period of Psychotropic Drugs, 14

Benchmark IV: Period of Community Mental

Health, 14

Deinstitutionalization, 14

Shifting the Cost of Mental Illness or "Follow the

Money", 15

Depopulation of State Hospitals, 15

Community Effects: From Deinstitutionalization

to Transinstitutionalization, 15

Benchmark V: Decade of the Brain, 15

Issues that Affect the Delivery of Psychiatric Care, 16

Paradigm Shift in Psychiatric Care, 16

Homelessness, 17

Community-Based Care, 17

Diagnostic Bible of Psychiatry, 17

Psychiatric Nursing Education: Three Firsts, 18

Current and Future Historical Issues, 18

3 Legal Issues, 21

Kate Pfeiffer and W. Chance Nicholson

Introduction, 21

Sources of Law, 21

Statutory Law, 21

Common Law, 22

Administrative Law, 22

Torts (Civil Law), 22

Reasonable Care (Standard of Care), 22

Duty to Care, 22

Breach of Duty, 22

Negligence, 22

Proximate Cause or Causation, 22

Malpractice, 22

Nursing Implications, 23

Mental Health Laws, 23

Treatment and Patient Rights, 23

 $Right\ to\ Self-Determine,\ Give\ Consent,\ or\ Refuse$

Treatment, 23

Capacity and Competency, 23

Nursing Implications, 24

Suspension of Patient Rights, 24

Nursing Implications, 24

Right to Treatment in the Least Restrictive

Environment, 24

Nursing Implications, 24

Rights Regarding Seclusion and Restraint, 25

Nursing Implications, 25

Assault, Battery, and False Imprisonment, 26

Commitment Issues, 26

Voluntary Inpatient Care, 27

Involuntary Inpatient Care, 27

Commitment Timelines and Status, 27

Emergency Care (Acute Stabilization), 27

Short-Term Observation and Treatment, 27

Long-Term Commitment, 27

Nursing Implications, 28

Advanced Care Directives and Mental Health,

Nursing Implications, 28

Privacy and Confidentiality, 29

Right to Confidentiality of Records, 29

Health Insurance Portability and Accountability

Act, 29

Nursing Implications, 29

Breaching Confidentiality, 30

Duty to Warn Third Parties, 30

Nursing Implications, 30

Patient Rights and the Local, State, and Federal

Justice System, 30

4 Psychobiologic Bases of Behavior, 32

Peter C. Kowalski and Jonathan S. Dowben

Neuroanatomy Review, 32

Neurons, 32

Glia, 33

Cerebrum, 34

Functional Localization of the Nervous System, 40

Movement, 40

Hormonal Regulation, 40

Sleep, 41

Level of Consciousness, 42

Sensation, 42

Pain, 43

Perception, 43

Reward, 43

Attention, 43

Memory, 44

Cognition, 45

Emotions, 45

Clinical Application, 45

Schizophrenia, 46

Depression, 47

Anxiety Disorders, 47

Dementias, 47

Degenerative Diseases, 47

Demyelinating Diseases, 47

Anorexia Nervosa, 48

Trauma, 48

Chemical Dependency, 48

Early Life Stress and Trauma, 48

5 Cultural Issues, 50

Barbara Jones Warren

Basic Concepts, 50

Importance of Cultural Competence, 50

Culture and Psychiatric Nursing, 50

Barriers to Culturally Competent Care, 51

Cultural Etiology of Illness and Disease, 52

Four Worldviews, 52

Culture-Bound Mental Health Issues, 53

Alternative Therapies, 53

Ethnopharmacology, 54

Nurse's Role in Cultural Assessment, 54

Cultural Assessment Issues, 54

6 Spirituality Issues, 57

Debbie Steele

Toward an Understanding of Spirituality, 58

Psychiatry Based on Greek Psyche (The Soul), 58

Common Understandings of Spirituality, 58

Spirituality in Relation to a Transcendent Spirit

(Theistic View), 58

Spirituality in Relation to Human Spirit

(Humanistic View), 58

Other Helpful Perspectives for the Psychiatric

Nurse, 59

Importance of Spiritual Care, 59

Intersection of Spirituality and Mental or

Emotional Distress, 60

Health Care Applications, 60

Suffering and Illness Elicit Crises, 60

Clinical Attention to Spiritual Concerns, 60

How Can the Nurse Assess and Intervene in a Realistic Way?, 60

Using Clergy Resources, 61

Coming Cicigy Resources, 01

UNIT II You (Therapeutic Nurse-Patient Relationship)

7 Models for Working With Psychiatric Patients, 64

Debbie Steele

Recovery Model, 64

Key Concepts, 64

Relevance to Nursing Practice, 65

Attachment Theory, 66

Relevance to Nursing Practice, 67

Psychoanalytic Theory, 67

Defense Mechanisms, 67

Relevance to Nursing Practice, 67

Developmental Model, 69

Key Concepts, 70

Relevance to Nursing Practice, 70

Interpersonal Model, 70

Key Concepts, 70

Nurse's Role, 71

Relevance to Nursing Practice, 71

Cognitive-Behavioral Models, 71

Key Concepts, 71

Relevance to Nursing Practice, 72

Integrative Approach, 73

8 Learning to Communicate Professionally, 75

Susanne A. Fogger

Categories of Communication, 75

Written Communication, 75

Telephone Communication, 76

Electronic Communication, 76

Electronic Medical Records, 76

Speech and Behavior, 76

Dynamics of Therapeutic Communication, 76

Therapeutic Communication, 78

Social Communication Versus Therapeutic

Communication, 78

Therapeutic Use of Self, 78

Techniques, 79

Interference in Therapeutic Communication, 81

Nurse's Fears and Feelings, 81

Ineffective Responses, 81

9 Working With an Individual Patient, 83

Debbie Steele

Therapeutic Relationships, 83

Collaboration, 83

Social Versus Therapeutic Relationships, 84

Being Therapeutic Versus Providing Therapy, 84

Stages of Development of a Therapeutic

Relationship, 84

Third-Generation Antipsychotics, 141

	Stage I: Orientation Stage, 85		Assessment, 112
	Stage II: Working Stage, 86		Therapeutic Communication, 112
	Stage III: Termination Stage, 87		Family Psychoeducation, 112
	Interactions With Selected Behaviors, 88		Spirituality, 113
	Violent Behavior, 88		Collaboration, 113
	Hallucinations, 88		Referrals and Family Support, 114
	Delusions, 88		Application of the Nursing Process to the Family, 114
	Conflicting Values, 88		Assessment, 114
	Severe Anxiety and Incoherent Speech Patterns, 89		Nursing Diagnosis, 114
	Manipulation, 89		Outcome Identification, 114
	Crying, 89		Planning and Implementation, 114
	Sexual Innuendos or Inappropriate Touch, 89		Evaluation, 115
	Treatment Refusal, 89		Resources Available to Families, 115
	Depressed Affect, Apathy, and Psychomotor Retardation, 89		
		UN	IIT III Medication (Psychopharmacology)
	Suspiciousness, 89	100000000000000000000000000000000000000	
	Hyperactivity, 90	12	Introduction to Psychotropic Drugs, 117
	Nursing Process, 90	12	Norman L. Keltner and Peter C. Kowalski
	Assessment, 90		Principles, 117
	Nursing Diagnosis, 94		
	Outcome Identification, 94		Nursing Responsibilities, 118
	Planning and Intervention, 94		Pharmacokinetics: What the Body Does to the
	Evaluation, 95		Drug, 119
10	Working With Groups of Patients, 98		Absorption, 119
10	-		Distribution, 119
	Susanne A. Fogger		Metabolism, 119
	Benefits of Groups, 99		Pharmacodynamics: What the Drug Does to the
	Therapeutic Factors, 99		Body, 122
	Types of Groups, 99		Downregulation, 123
	Psychoeducational Groups, 100		Pharmacodynamic Tolerance, 123
	Maintenance Groups, 100		Drug-Drug Interactions, 123
	Activity Groups, 101		The Blood-Brain Barrier, 123
	Self-Help and Special Problem Groups, 101		Neurons and Neurotransmitters, 124
	Group Management Issues, 101		Receptors, 125
	Group Leadership, 101		Patient Education, 127
	Physical Setting, 102	12	Antiparkinsonian Drugs, 131
	Common Management Issues, 102	13	,
	Types of Patients in Groups, 104		Joan Grant Keltner
	Dominant Patient, 104		Parkinson Disease and Extrapyramidal Side
	Uninvolved Patient, 104		Effects, 131
	Hostile Patient, 104		Specific Extrapyramidal Side Effects, 133
	Distracting Patient, 104		Anticholinergics to Treat Extrapyramidal Side
44	Martin a With the Femily 106		Effects, 135
11	Working With the Family, 106		Pharmacologic Effects, 135
	Debbie Steele		Side Effects, 136
	Family and the Recovery Model, 106		Nursing Implications for Anticholinergic Drugs,
	A Normal Family, 107		136
	Family Characteristics, 107		Selected Anticholinergic Drugs, 137
	Stages of Family Development, 107		Other Treatment Options for Extrapyramidal Side
	Contemporary Families, 108		Effects, 138
	Family Systems Theory, 109		Drugs, 138
	Effects of Mental Disorders on the Family, 109		Vitamins, 138
	Family Reactions to Psychiatric Treatment and		Prevention, 138
	Hospitalization, 110	1.4	Antinevolutio Druge 1/0
	Nurse Response to Patients and Families Seeking	14	Antipsychotic Drugs, 140
	Treatment, 111		Marie Smith-East and Norman L. Keltner Classification Systems: First Congration Antipsy
	Abilities Needed in Working with Families,		Classification Systems: First-Generation Antipsy-
			chotics, Second-Generation Antipsychotics, and

Self-Knowledge, 111

Inhibitors, 167

	Neurochemical Theory of Schizophrenia, 142		Serotonin Norepinephrine Reuptake Inhibitors,
	Overview, 142		168
	Pharmacologic Effects, 142		Norepinephrine Dopamine Reuptake Inhibitor,
	Psychiatric Symptoms Modified by		168
	Antipsychotic Drugs, 143		Novel Antidepressants, 168
	Side Effects, 146		Mirtazapine—Noradrenergic/Specific
	Nursing Implications, 148		Serotonergic Agent, 169
	First-Generation Antipsychotics (Traditional):		Vilazodone—Serotonin-1A Agonist/Serotonin
	Introduced in 1950, 150		Reuptake Inhibitor, 169
	Low-Potency First-Generation Antipsychotics:		Trazodone and Nefazodone–Serotonin-2 Agonist/
	Chlorpromazine, 150		Serotonin Reuptake Inhibitors, 169
	Moderate-Potency First-Generation Antipsychot-		Tricyclic Antidepressants, 169
	ics: Perphenazine, 150		Pharmacologic Effects, 169
	High-Potency First-Generation Antipsychotics:		Other Therapeutic Effects of Tricyclic Antidepres-
	Fluphenazine and Haloperidol, 150		sants, 169
	Second-Generation Antipsychotics (Atypical):		Pharmacokinetics and Dosing, 170
	Introduced in 1990, 150		Side Effects, 170
	Serotonin (5-Hydroxytryptamine 2A) Antagonism, 150		Interactions, 170
	Fast-Off Theory, 151		Nursing Implications, 171
	Potential Negative Effects of Second-Generation		Enzyme Inhibiting Agents or Monoamine Oxidase
	Antipsychotics, 151		Inhibitors, 172
	Older Second-Generation Antipsychotics: 1990 to		Pharmacologic Effects, 173
	2000, 151		Absorption, Distribution, and Administration, 173
	Clozapine, 151		Side Effects, 173
	Risperidone and Paliperidone, 152		Interactions, 173
	Olanzapine, 153		Nursing Implications, 174
	Quetiapine, 153		Nontraditional Approaches to Depression, 175
	Ziprasidone, 153	16	Antimanic Drugs, 177
	Newer Second-Generation Antipsychotics: 2000 to		Helene Vossos and Norman L. Keltner
	Present, 153		Lithium, 178
	Asenapine, 153		Pharmacologic Effects, 179
	Iloperidone, 154		Pharmacokinetics, 180
	Lurasidone, 154		Side Effects, 181
	Third-Generation Antipsychotics (Atypical): Intro-		Interactions, 182
	duced in 2002, 154		Nursing Implications, 182
	Aripiprazole, 154		Anticonvulsants, 184
	Brexpiprazole, 155		Divalproex and Other Valproates, 184
	Cariprazine, 155		Other Anticonvulsants Used to Treat Bipolar
	A New Theory of Schizophrenia, 155		Disorder, 184
15	Antidepressant Drugs, 157		Antipsychotics, 185
	Norman L. Keltner and Helene Vossos		Other Treatments for Bipolar Disorder, 185
	Biochemical Theory of Depression, 157		Other freatments for Dipotal Disorder, 165
	Reuptake Inhibiting Antidepressants or Cyclic	17	Antianxiety Drugs, 188
	Antidepressants, 161		Norman L. Keltner and Helene Vossos
	Enzyme Inhibiting Agents or Monoamine Oxidase		Models of Anxiety, 189
	Inhibitors, 161		Benzodiazepines, 189
	Reuptake Inhibiting Antidepressants or Cyclic		How Benzodiazepines Work, 190
	Antidepressants, 161		Pharmacologic Effects, 192
	Selective Serotonin Reuptake Inhibitors, 161		Pharmacokinetics, 192
	Pharmacologic Effect, 165		Side Effects, 193
	Pharmacokinetics, 165		The Deprescribing of Benzodiazepines, 195
	Side Effects, 165		Nonbenzodiazepine: Buspirone, 196
	Interactions, 166		Selective Serotonin Reuptake Inhibitor, 196
	Serotonin Syndrome, 166		Venlafaxine and Duloxetine, 197
	Nursing Implications, 166		Other Drugs With Antianxiety Properties, 197
	Individual Selective Serotonin Reuptake		Clomipramine and Other Tricyclic
	1		-

Antidepressants, 197

Clonidine, 198 Supplements, 215 Gabapentin, 198 Hydroxyzine, 198 Antiepileptics: Pregabalin and Levetiracetam, 198 Propranolol, 198 18 Antidementia Drugs, 200 W. Chance Nicholson and Norman L. Keltner Management **Drugs Used to Treat Dementias, 200** Agents That Restore Acetylcholine, 200 Background, 200 Debbie Steele Cholinesterase Inhibitors, 202 Agents That May Stymie Neurodegeneration, 203 Historical Overview, 221 Memantine, 204 Issues, 221 Secretase Inhibitors, 205 Drugs to Prevent Alzheimer Disease, 205 Safety, 222 19 Alternative Preparations and Over-the-Counter Drugs, Structure, 223 Norms, 224 Marcus Otávio Guimarães Debiasi Limit Setting, 224 Background, 208 Balance, 225 Over-the-Counter Versus Alternative Preparations, 208 Environment, 225 Government Regulation, 209 Over-the-Counter Drugs, 209 Violence and Suicide, 228 Cold, Cough, Allergy, Bronchodilator, and Debbie Steele Antiasthmatic Drugs, 209 Current Trends, 228 Nicotine and Nicotine Cessation Products. 209 Caffeine, 209 Omeprazole, 209 Assault Cycle, 230 Esomeprazole, 210 Triggering Phase, 230 Nonsteroidal Antiinflammatory Drugs, 210 Escalation Phase, 231 Alternative Preparations, 210 Crisis Phase, 232 Herbal Therapies, 210 Seclusion, 232 Herbal Preparations to Treat Anxiety and Restraint, 232 Depression, 211 St. John's Wort, 211 S-Adenosyl-L-methionine, 212 Suicide, 234 Kava, 212 Risk Factors, 235 Valerian, 212 Chamomile, 213 Angelica, 213 Cannabidiol, 213 Herbal Preparations for Memory and Dementia, 213 Setting, 239 Ginkgo, 213 Vitamin, Mineral, and Nutritional Supplement Therapies, 214 Settings, 242 Melatonin, 214 Debbie Steele Vitamins C and E, 214 **Inpatient Settings**, 242 Vitamin D, 214 Folate, 214 Niacin (Vitamin B₂), 214 Pyridoxine (Vitamin B.), 214 Psychoeducation, 243 Cyanocobalamin (Vitamin B, 2),214 Group Therapy, 243 Omega-3 Fatty Acids, 214 Support Groups, 244

Obtaining and Delivering Information, 215

General Concerns Regarding Herbs and Safety and Efficacy of Alternative Preparations, 215 Future Directions of Integrative Health Care, 216 UNIT IV Environment: Milieu 20 Introduction to Milieu Management, 220 The Joint Commission: Environment of Care Nursing and the Therapeutic Environment, 222 The Nurse as Manager of the Treatment 21 Variables Affecting the Therapeutic Environment: Aggression and Violence, 229 Management of Inpatient Aggression, 230 Nursing Interventions Based on the Care of Patients in Seclusion or Restraints, 233 Recovery and Postcrisis Depression Phase, 233 Assessment of Suicidal Patients, 236 Suicide Interventions, 236 **Burnout and Secondary Traumatization, 238** Clinical Supervision for Psychiatric Nurses, 239 Effective Functioning in the Acute Psychiatric 22 Therapeutic Environment in Various Treatment Treatment Activities, 242 Occupational Therapy, 242 Recreational Therapy, 243

Spirituality Groups, 244

Community Meetings, 244
Inpatient Psychiatric Environments, 244
Medical-Psychiatric Hospital Units, 246
Geropsychiatric Units, 246
State Psychiatric Hospitals, 247
State Forensic Hospitals, 247
Community Treatment Settings, 247
Group Homes, 248
Partial Hospitalization, 248

Group Homes, 248
Partial Hospitalization, 248
Day Treatment, 249
Day Treatment Center for Patients With
Co-Occurring Disorders, 249

UNIT V Putting It All Together (Psychopathology)

23 Introduction to Psychopathology, 252

W. Chance Nicholson and Norman L. Keltner

Behavior, 253 Etiology, 253

Psychotherapeutic Management, 254

Nurses Need to Understand Psychopathology, 254

24 Schizophrenia Spectrum and Other Psychotic Disorders. 256

Norman L. Keltner and Marie Smith-East

Schizophrenia, 256

Historical Perspective, 257

Course of Illness, 258

DSM-5 Terminology and Criteria, 258

Positive and Negative Symptoms of

Schizophrenia, 258

Behavior, 260

Etiology, 264

Special Issues Related to Schizophrenia, 267

Comorbid Medical Illnesses, 268

Families of Individuals With Schizophrenia, 268

Depression and Suicide in Schizophrenia, 268

Cognitive Dysfunction, 269

Relapse, 269

Stress, 269

Substance Use Disorders in People With

Schizophrenia, 269

Work, 269

Psychosis-Induced Polydipsia, 269

Continuum of Care for People With Schizophrenia,

Psychotherapeutic Management, 270

Psychotherapeutic Nurse-Patient Relationship, 270

Psychopharmacology, 272

Milieu Management, 272

Other Schizophrenia Spectrum Disorders, 273

Delusional Disorder, 273

Brief Psychotic Disorder, 273

Schizophreniform Disorder, 274

Schizoaffective Disorder, 274

Future Directions, 274

25 Depressive Disorders, 279

Debbie Steele

Depressive Disorders, 279

Major Depressive Disorder, 279

Disruptive Mood Dysregulation Disorder, 280

Persistent Depressive Disorder, 281

Premenstrual Dysphoric Disorder, 282

Depressive Disorder Specifiers, 282

Occurrence in Specific Populations, 283

Behavioral Symptoms of Depression, 283

Objective Signs, 284

Subjective Symptoms, 284

Etiology of Depression, 285

Biologic Theories of Depression, 285

Psychological Theories of Depression, 287

Assessment of Depression, 288

Cultural Issues and Assessing Depression, 288

Assessment of Depression, 288

Putting It All Together, 289

Psychotherapeutic Management, 289

Nurse-Patient Relationship, 290

Psychopharmacology, 290

Milieu Management, 291

Somatic Therapies, 292

Electroconvulsive Therapy, 293

Modern Electroconvulsive Therapy, 293

Indications for Electroconvulsive Therapy: Major

Depression, 294

Contraindications to Electroconvulsive

Therapy, 294

Disadvantages of Electroconvulsive Therapy, 294

Other Somatic Therapies, 295

Vagus Nerve Stimulation, 295

Bright Light Therapy, 295

Repetitive Transcranial Magnetic Stimulation, 295

Suicide and Depression, 296

Suicide Nomenclature, 296

Suicide Risk Assessment, 296

Suicide Victims, 296

26 Bipolar Disorders, 301

Helene Vossos and Norman L. Keltner

General Description of Bipolar Disorder, 301

DSM-5 Terminology and Criteria, 302

Manic Episodes, 303

Hypomanic Episodes, 305

Depressive Episodes, 306

Bipolar Disorders, 306

Bipolar Diagnoses, 306

Behavior, 307

Comorbidity, 310

Putting It All Together, 310

Psychotherapeutic Management, 310

Nurse-Patient Relationship, 310

Psychopharmacology, 311

Milieu Management, 312

Mood Disorder Rating Scales, 313

27	Anxiety-Related, Obsessive-Compulsive, Trauma-
	and Stressor-Related, Somatic, and Dissociative
	Disorders, 316

Debbie Steele

Stress, 316

Selye Stress Adaptation Model, 316

Lazarus Interactional Model of Stress and

Coping, 317

Anxiety, 318

Anxiety-Related Disorders, 320

Generalized Anxiety Disorder, 320

Etiology and Course, 320

Putting it All Together, 321

Psychotherapeutic Management, 321

Nurse-Patient Relationship, 321

Psychopharmacology, 321

Milieu Management, 321

Panic Disorder, 322

Research Article: Facing Adversity: Authentic Stories of Living and Working With Panic

Attacks, 322

Etiology, 322

Putting it All Together, 324

Psychotherapeutic Management, 324

Nurse-Patient Relationship, 324

Psychopharmacology, 324

Milieu Management, 324

Agoraphobia, 324

Specific Phobias, 325

Social Anxiety Disorder, 325

Etiology, 325

Putting It All Together, 325

Psychotherapeutic Management, 325

Nurse-Patient Relationship, 325

Psychopharmacology, 325

Milieu Management, 325

Obsessive-Compulsive and Related

Disorders, 325

Obsessive-Compulsive Disorder, 325

Body Dysmorphic Disorder, 326

Hoarding Disorder, 326

Trichotillomania (Hair Pulling), 326

Excoriation (Skin Picking), 326

Putting It All Together, 326

Psychotherapeutic Management, 326

Nurse-Patient Relationship, 326

Psychopharmacology, 327

Milieu Management, 327

Trauma- and Stressor-Related

Disorders, 327

Posttraumatic Stress Disorder and Acute Stress

Disorder, 327

Neurochemical Basis of Acute Stress and

Posttraumatic Stress Disorders, 328

Adjustment Disorder, 329

Putting It All Together, 329

Psychotherapeutic Management, 329

Nurse-Patient Relationship, 329

Psychopharmacology, 330

Milieu Management, 330

Community Resources, 331

Somatic Symptom and Related

Disorders, 331

Somatic Symptom Disorder, 331

Illness Anxiety Disorder, 331

Conversion Disorder (Functional Neurologic

Symptom Disorder), 332

Factitious Disorder, 332

Putting It All Together, 333

Psychotherapeutic Management, 333

Nurse-Patient Relationship, 333

Psychopharmacology, 333

Milieu Management, 333

Dissociative Disorders, 333

Dissociative Amnesia, 333

Depersonalization/Derealization Disorder, 335

Dissociative Identity Disorder, 335

Putting It All Together, 335

Psychotherapeutic Management, 335

Nurse-Patient Relationship, 335

Psychopharmacology, 336

Milieu Management, 336

28 Neurocognitive Disorders, 341

Debbie Steele

Delirium, 341

Dementia, 342

Neurocognitive Disorder Due to Alzheimer

Disease, 344

Drugs for Alzheimer Disease, 349

Neurocognitive Disorder Due to Vascular Disease, 350

Neurocognitive Disorder Due to Frontotemporal Disease, 350

Neurocognitive Disorder Due to Parkinson Disease, 351

Neurocognitive Disorder With Lewy Bodies, 351

Neurocognitive Disorder Due to Traumatic Brain Injury, 352

Neurocognitive Disorder Due to Prion Disease, 352

Neurocognitive Disorder Due to Human

Immunodeficiency Virus Infection, 353

Alcohol-Induced Neurocognitive Disorder, 353

Neurocognitive Disorders Due to Huntington

Disease, 354

Other Dementias, 354

Putting it All Together, 354

Psychotherapeutic Management, 354

Nurse-Patient Relationship, 354

Communication Strategies, 355

Scheduling Strategies, 355

Nutritional Strategies, 355

Toileting Strategies, 356

Wandering Strategies, 356

Psychopharmacology, 356 Milieu Management, 356

29 Personality Disorders, 362

Karmie M. Johnson

Personality, 362

Etiology: Contemporary Views, 364

Personality Disorder Clusters, 364

Cluster A: Odd-Eccentric, 364

Paranoid Personality Disorder, 364

Unique Causes, 365

Schizoid Personality Disorder, 365

Schizotypal Personality Disorder, 365

Unique Causes, 365

Putting it All Together, 366

Psychotherapeutic Management, 366

Nurse-Patient Relationship, 366

Cluster B: Dramatic-Erratic, 366

Antisocial Personality Disorder, 366

Unique Causes, 366

Putting it All Together, 366

Psychotherapeutic Management, 366

Nurse-Patient Relationship, 366

Borderline Personality Disorder, 367 Unique Causes, 367

Putting it All Together, 368

Psychotherapeutic Management, 368

Nurse-Patient Relationship, 368

Psychopharmacology, 369

Milieu Management, 370

Narcissistic Personality Disorder, 370

Unique Causes, 371

Putting it All Together, 371

Psychotherapeutic Management, 371

Nurse-Patient Relationship, 371

Histrionic Personality Disorder, 371

Unique Causes, 371

Putting it All Together, 371

Psychotherapeutic Management, 371

Nurse-Patient Relationship, 371

Cluster C: Anxious-Fearful, 371

Dependent Personality Disorder, 371

Unique Causes, 372

Putting it All Together, 372

Psychotherapeutic Management, 372

Nurse-Patient Relationship, 372

Avoidant Personality Disorder, 372

Unique Causes, 372

Putting it All Together, 372

Psychotherapeutic Management, 372

Nurse-Patient Relationship, 372

Obsessive-Compulsive Personality Disorder,

372

Unique Causes, 372

Putting it All Together, 373

Psychotherapeutic Management, 373

Nurse-Patient Relationship, 373

30 Sexual Disorders and Gender Dysphoria, 375

W. Chance Nicholson and Kate Pfeiffer

DSM-5 Criteria and Terminology, 375

Sexual Dysfunctions, 375

Paraphilic Disorders, 377

Treatment, 378

Pedophilic Disorders, 378

Exhibitionistic Disorder, 379

Fetishistic Disorder, 379

Frotteuristic Disorder, 379

Sexual Masochism Disorder, 380

Sexual Sadism Disorder, 380

Transvestic Disorder, 380

Voyeurism, 380

Gender Dysphoria, 380

Putting It All Together, 382

Psychotherapeutic Management, 382

Nurse-Patient Relationship, 382

Milieu Management, 382

31 Substance Use Disorders, 385

Susanne A. Fogger

Introduction, 385

Substance Use as a Brain Disorder, 385

DSM-5 Criteria for Substance Use Disorders, 387

Assessment Strategies for Chemical Dependency,

387

Interview Approaches, 387

Diagnostic Tools, 387

Transtheoretical Model, 391

Alcohol and Alcohol Use Disorder, 391

Etiology, 391

Pharmacokinetics of Alcohol, 392

Physiologic Effects, 393

Nursing Issues: Treating Users of Alcohol, 395

Interactions, 395

Use by Older Adults, 395

Withdrawal and Detoxification, 395

Other Medications With Severe Withdrawal

Potential, 397

Barbiturates, 397

Benzodiazepines, 397

Other Substances of Misuse and Addiction, 397

Opioids (Narcotics), 397

Physiologic Effects, 398

Nursing Issues, 398

Stimulants, 399

Caffeine, 399

Cocaine, 400

Physiologic Effects, 399

Routes of Cocaine Use, 400

Crack, 400

Amphetamines and Related Drugs, 400

Methamphetamine, 400

Ecstasy, 401

Physiologic Effects, 401

Nursing Issues, 401

Hallucinogens, 402

Cannabis (Marijuana), 403 Lysergic Acid Diethylamide, 403

Inhalants, 403

Treatment and Related Issues, 403

Psychotherapeutic Management, 404

Nurse-Patient Relationship, 404

Confrontation (Use With Care), 404

Milieu Management, 404

Psychopharmacology, 406

Intervention and Peer Support, 407

Special Notes, 408

Addicted Health Care Professionals, 408

Follow-up Care, 408

32 Eating Disorders, 411

Joan Grant Keltner

Anorexia Nervosa, 412

DSM-5 Criteria, 412

Behavior, 413

Etiology, 414

Bulimia Nervosa, 416

DSM-5 Criteria, 416

Behavior, 416

Etiology, 418

Putting It All Together, 419

Psychotherapeutic Management, 419

Nurse-Patient Relationship, 421

Psychopharmacology, 422

Other Treatments, 422

Milieu Management, 423

Eating Disorders in Men, 425

Binge-Eating Disorder, 426

Orthorexia Nervosa, 426

UNITVI Special Populations

33 Survivors of Violence and Trauma, 432

Debbie Steele

Trauma, 432

Violence, 433

Recovery From Violence and Trauma, 434

Putting It All Together, 434

Psychotherapeutic Management, 434

Nurse-Patient Relationship, 434

Psychopharmacology, 435

Milieu Management, 435

Terrorism, 435

Nature of the Problem, 435

Effects, 435

Recovery, 435

Ritual Abuse and Human Trafficking, 436

Nature of the Problem, 436

Recovery, 436

Putting It All Together, 437

Psychotherapeutic Management, 437

Nurse-Patient Relationship, 437

Psychopharmacology, 437

Milieu Management, 437

Rape and Sexual Assault, 438

Nature of the Problem, 438

Effects, 438

Recovery, 438

Putting It All Together, 439

Psychotherapeutic Management, 439

Nurse-Patient Relationship, 439

Psychopharmacology, 439

Milieu Management, 439

Adult Survivors of Childhood Sexual

Abuse, 440

Nature of the Problem, 440

Effects of Childhood Sexual Abuse, 440

Recovery, 443

Putting it All Together, 443

Psychotherapeutic Management, 443

Nurse-Patient Relationship, 443

Psychopharmacology, 444

Milieu Management, 444

Partner Abuse, 445

Nature of the Problem, 445

Effects, 445

Recovery, 446

Putting it All Together, 447

Psychotherapeutic Management, 447

Nurse-Patient Relationship, 447

Psychopharmacology, 448

Milieu Management, 448

34 Children and Adolescents, 453

Jonathan S. Dowben and Peter C. Kowalski

Common Psychiatric Disorders in Children and

Adolescents, 455

Attention-Deficit/Hyperactivity Disorder, 455

Oppositional Defiant Disorder and Conduct

Disorder, 456

Depression, 456

Bipolar Disorder and Disruptive Mood

Dysregulation Disorder, 457

Anxiety Disorders, 458

Autism Spectrum Disorder, 458

Bullying, 459

Psychotherapeutic Management, 460

Nurse-Patient Relationship for Patients and

Families—Me, 460

Psychopharmacology—Meds, 460

Environmental Issues-Milieu, 462

Conclusion, 463

35 Older Adults, 466

Joan Grant Keltner

Introduction, 466

Barriers, 467

Continuum of Care, 468

Prevention, 468

Detection, 469

Treatment Sites, 469

Conclusions, 470

Psychopathology in Older Adults, 470

Depression, 470

Incidence, 470

Presentation, 470

Impact of COVID-19 on Depressive Symptoms in

Older Adults, 471

Depression or Dementia?, 472

Electroconvulsive Therapy, 472

Suicide, 472

Manic Episodes, 474

Psychotic Disorders, 474

Schizophrenia, 474

Paranoid Thinking, 475

Anxiety Disorders, 476

Substance Use, 476

Alcohol Abuse and Dependence, 476

Drug Misuse and Abuse, 477

Assessment of Older Adults With Mental

Disorders, 478

Psychosocial Assessment, 478

Physical Assessment, 478

Psychotherapeutic Management, 479

Nurse-Patient Relationship, 479

Psychopharmacology, 480

Milieu Management, 481

36 Soldiers and Veterans, 486

Randy L. Moore and Nanci A. Swan Claus

Overview, 487

Posttraumatic Stress Disorder, 488

Primary Symptoms of Posttraumatic Stress

Disorder, 488

Symptom Delay, 489

Comorbidities, 489

Neurologic Alterations Associated With

Posttraumatic Stress Disorder, 489

Treatment for Posttraumatic Stress Disorder, 490

Posttraumatic Stress Disorder Resilience

Factors, 490

Traumatic Brain Injury, 490

Defining Traumatic Brain Injury, 491

Primary Symptoms of Traumatic Brain Injury,

Neurologic Alterations Associated With Traumatic Brain Injury, 492

Treating Posttraumatic Stress Disorder and

Traumatic Brain Injury, 493

Treating Posttraumatic Stress Disorder, 493

Treating Traumatic Brain Injury, 493

Family Considerations, 494

Glossary, 497 Index, 506